Sports Council Autonomous Policy: **Welfare in Sport**

Passed 30/01/18

**What do you want this policy to do?**

- The Students’ Union fully recognises the importance of taking a holistic approach to welfare and wellbeing, incorporating them as a core function of everything that we do.
- The Students’ Union believes in delivering grassroots change and empowering our members to lead our work. With this in mind, **Sports Council mandates all affiliated Clubs and Teams to create a Welfare Officer position within their Committees to take an active lead in promoting awareness, campaigns and initiatives focussed on the welfare of both themselves and their teammates.**
- The Students’ Union Sports Officer, alongside the Sports Executive Committee, the Welfare in Sport Committee, and the Students’ Union Equal Opportunities & Welfare Officer, shall create and deliver an annual plan of events and initiatives focussed on Welfare in Sport and take a proactive approach to mentoring and supporting Welfare Officers in their role where appropriate.

**Why do you want to put this policy forward?**

- This was a manifesto pledge of the Students’ Union Sports Officer 2017/18 and has a clear mandate from the student body.
- The Students’ Union fully supports grassroots change and empowering our members. Sports Council is one of the largest and most representative bodies within the Students’ Union; its buy in is essential in delivering a culture of putting welfare at the centre of our work.
- In passing this motion we are signalling our commitment to supporting a culture change that understands sporting performance is directly linked to the mental and physical wellbeing our members. We believe that our sports clubs can only be the best when we support our members to be at their best.